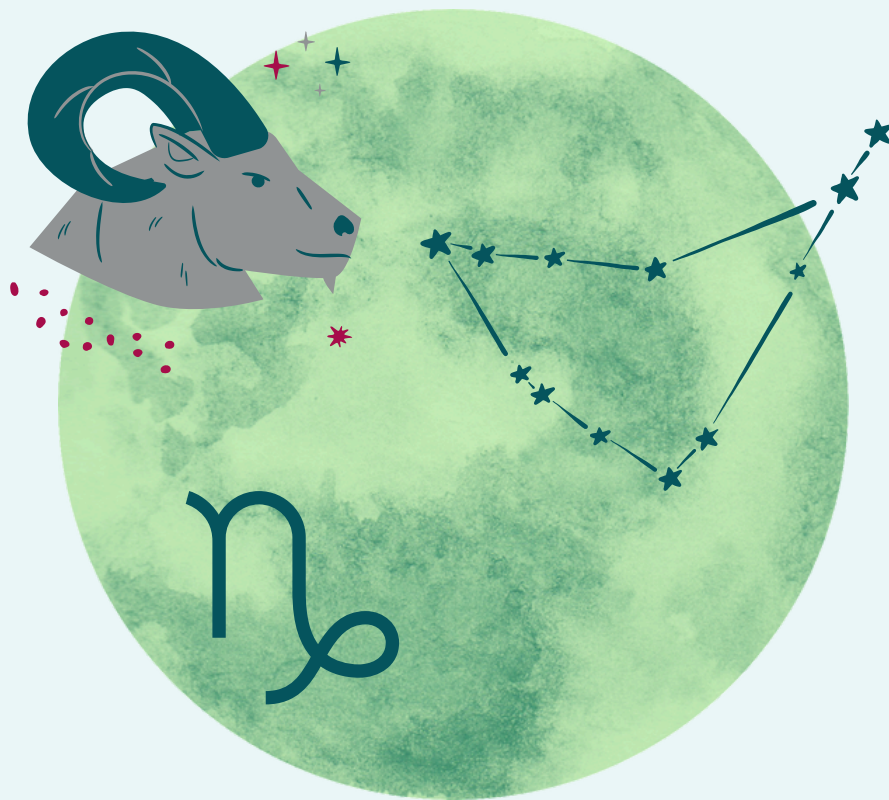


Yes Spiral

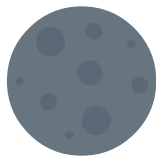
CAPRICORN

December 30th 2024 - January 29th 2025

Ambition | Career | Accomplishments



Start your Capricorn/New Year intentions with this preview of the Capricorn Moonth Workbook.



Capricorn Keyword Month Exercise

Circle the words that call out to you.

Accomplished, Amateur, Ambitious, Authoritative, Compulsive, Controlling, Dependable, Distinguished, Expert, Goal-oriented, Guarded, Important, Incapable, Incompetent, Industrious, Inflexible, Inhibited, Leader, Logical, Managerial, Manipulated, Mature, Motivated, Opportunistic, Organized, Overcautious, Paternal, Pessimistic, Practical, Principled, Professional, Reputable, Responsible, Retired, Rigid, Self-doubting, Self-involved, Stern, Strategizing, Striving, Structured, Successful, Traditional, Unemotional, Unreliable, Workaholic

Chose one word to go into each of the boxes below.

Continue

Cultivate

Release

Sign Keyword

Sign Keyword

Sign Keyword

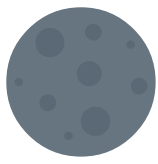
Sign Keyword

Sign Keyword

Sign Keyword

Journal your thoughts.

Journal writing area with horizontal lines



Capricorn Moonth

Tarot Spread

● Capricorn ● Aries ● Cancer ● Scorpio ● Aquarius

- Shuffle your deck and Pull 1 card to respond to each prompt.
- The text and image on the card serve as hints for answering the prompt.
- If a negative card appears as your intentional seed or something to nurture view it as something you are currently and actively releasing.
- If a positive card appears in the release position, it suggests something you can release resistance towards.
- Jot down a keyword for your first impression in the spaces

Tarot deck used

3 What do you celebrate or forgive at the full moon?

01/13/25

2 What do you nurture to grow at the waxing moon?

01/06/25

1 What is the intentional seed of the Moonth?

12/30/24

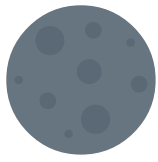
4 What do you release at the waning moon?

01/21/25

5 What is the seed of the next moonth?

01/29/25

Share on Social Media #moonthlyspread



Capricorn Nourishing New Moonth Moon Intentions

Use this page to reflect on your New Moon journey, capture aha moments, and nurture the intentions you want to bring to life. Revisit it often for fresh insights, using tarot, oracle cards, or your intuition to guide you through the prompts

What will you challenge yourself to accomplish this Capricorn Moonth?

What will you do to recharge and stay balanced during this moonth?

Complete sentences with Capricorn Motto: I use

Throughout the Capricorn new moon I will (action to take) and I remember (pearl of wisdom)
